

MiND-B

For a family member or close friend to complete

Your name: _____ Today's date: ____/____/____

Name of person living with MND: _____ Your relationship to them: _____

We would like to ask a number of questions about potential change in your family member's/friend's behaviour in the **last month**. Please reach each description carefully and circle the number under that best applies to them.

MND professional
Steps A-E

1. They have temper outbursts

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

A

Add questions
1+2+3+4

2. They are uncooperative when asked to do something

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

3. They make tactless or suggestive remarks

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

4. They act impulsively without thinking

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

5. They show less enthusiasm for their usual interests

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

B

Add questions
5+6+7

6. They show little interest in doing new things

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

7. They fail to maintain motivation to keep in contact with friends or family

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

C

Add questions
8+9

8. They are rigid in their ideas and opinions

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

D

Total sum of all questions=

____ /36

Suggested cut-off <33/36

9. They repeatedly use the same expression or catch phrase

No change from their
normal behaviour

4

A few times in
the month

3

A few times
per week

2

Every day

1

E

Please check MiND-B
scoring and
interpretation guide